

# PROJECT DREAMWORLD

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RELIEF

A checklist and guide to writing  
and submitting your poem

## Checklist:

- Scan the QR code or visit the website to read the competition info: [www.comicrelief.com/project-dreamworld](http://www.comicrelief.com/project-dreamworld)
- Write the poem about climate change and your dream world – either freestyle or using the prompts below
- Give it a great title
- Take a selfie – with your poem if it's handwritten (or ask someone else to take the picture)
- Film yourself reading out your poem (or ask a family member or friend to)
- Submit your poem, photo and film to the email address for your home country. Details at the end of this document.



## Your poem:

**LENGTH:** Between 10 and 30 lines long

**LANGUAGE:** It can be in any language. Whatever feels comfortable. If it's not in English, it will be translated into English for TV and social media. If you're bi-lingual, you might want to choose English – especially if your poem rhymes. So your exact words are used.

**FORMAT:** Any format you like, and rhyming is optional!

**THEME:** The poem should be your response to climate change and the idea of a dream world in some way, but you can stretch that theme to other subjects, such as family, love, power and fairness. Go wild with your hopes and dreams – the crazier the better, the more optimistic the better! Build a fantasy world, tell a funny story or do something no-one saw coming... it's your poem!

### Freestyle your poem, or riff on a prompt:

- In My Dream World
- Hello from 2030
- The World in My Dreams
- E is for...
- C is for...
- The Planet is Talking to Us
- Climate Change and Me
- The Earth Feels...
- My Future
- This is a love letter
- What the world needs now



### Got writer's block? Some things to think about:

- What would your dreamworld be like?
- The world you hope is possible. The planet you want future generations to inherit.
- What does earth do for you, your community, or humankind?
- Who and what will benefit if the world responds better to climate change?
- What is the planet trying to tell us?
- How did/do you enjoy nature? How might that change?
- Your favourite natural thing or place
- What if the planet wrote a diary...
- What do you dream or daydream about?
- Imagine yourself looking around at your dreamworld.
- What can you feel, smell, see, hear, touch, sense?
- Imagine yourself in 2030, looking back on 2023.

## Tips for the video:

- Find a quiet place with lots of daylight
- Prop up your phone or ask someone to hold it.
- Film yourself reading out your poem
- Make sure there is no-one else in the background and nothing that identifies where you live.
- If you can't include a photo or video that's fine – we welcome poems on their own as well.



## Now – submit your poem!

Send your poem in an email with the following details to the appropriate email address:

1. Name
2. Age
3. Home country
4. Address (optional)
5. Phone number (optional)
6. How you found out about the competition

They will then confirm receipt and tell you the best way to share your photo and video.

If you're in **GHANA** send it to: Star-Ghana, [info@star-ghana.org](mailto:info@star-ghana.org)

If you're in **MALAWI** send it to: Tilitonse Foundation, [submission@tilitonsefoundation.org](mailto:submission@tilitonsefoundation.org)

If you're in **ZAMBIA** send it to: Zambian Governance Foundation, [info@zgf.org.zm](mailto:info@zgf.org.zm)

You can also email the appropriate organisation above to:

- Request this guide in a different language
- Sign up to a poetry workshop
- Ask a question!

**THANK YOU, ENJOY AND GOOD LUCK!**

Shortlisted poets will be contacted in January