

RED NOSE DAY 2022 ASSEMBLY

Our Red Nose Day assembly helps students understand why they are fundraising and inspires them to raise money for Comic Relief.

This year's Red Nose Day will take place on Friday 18 March and we want to show the world that funny is power.

No matter how small something may seem – dressing up, hosting a bake sale, taking on a sponsored challenge or simply having a laugh – whatever you and your students do, you're helping people live free from poverty, violence and discrimination. And that's pretty incredible in our book.

Use our assembly to kick start Red Nose Day in your school and help to change lives.

Delivering the assembly

- The assembly has been designed for delivery to your form, year group or whole school.
- It should take around 15 minutes to deliver.
- Talking points are suggested on the right that you can use to extend the assembly to suit your needs and make it more interactive.



Watching the film

This year's Red Nose Day film for secondary schools, included in the assembly, tells the story of 19-year-old Steph. Following a family breakdown, Steph moved into a hostel, where she struggled with loneliness and her mental health. But things changed when Steph started doing water sports with Local Solutions' Sports Horizons, a project funded by Comic Relief.

The sessions helped her find a sense of purpose, and the team helped her to move out of the hostel. These days, Steph's even volunteering as a water sports instructor herself.

Talking points

- How do you think you would feel if you were living in a hostel with strangers? How did Steph feel?
- What does the charity Local Solutions do?
- How did the charity help Steph?
- What do you think has inspired Steph to volunteer herself?
- Does Steph's story make you want to raise money for Red Nose Day? Why?
- What fundraising activities can you remember doing in the past?
- What do you think we should do this year?
- How much money should we try to raise?

