

ME, YOU AND US

Why not use this year's Red Nose Day film for primary schools as the starting point for some inspirational cross-curricular learning with your pupils?

The activity ideas in this topic map have been designed for you to use in the classroom, but can also be adapted for children who are learning from home.

This year's Red Nose Day film for primary schools is about Ethan, a nine-year-old who loves singing, baking, playing football and making people laugh. When he was 14 months old, Ethan was diagnosed with cerebral palsy – a brain condition which affects development. As well as being non-verbal, doctors said he would never sit unaided, crawl, walk or run.

A month later, his parents discovered Steps Conductive Education Centre, funded by Comic Relief, and Ethan's never looked back. As well as helping to build his physical strength, the team at Steps taught Ethan Makaton (a form of sign language) to help him communicate. He's now in Year 3 at a mainstream school.

Show our short film in your class or bubble and then use these cross-curricular activities to build pupils' understanding of Ethan's story and the impact their fundraising for Red Nose Day can have.



OTHER LEARNING RESOURCES

Download all our resources for primary schools at comicrelief.com/primary



Film

The short film about Ethan and how he has been helped by Steps Conductive Education Centre.



Assembly

A PowerPoint for use in assemblies, which acts as an introduction to Red Nose Day 2021.



Primary poster

A starting point for discussion about Ethan's story.

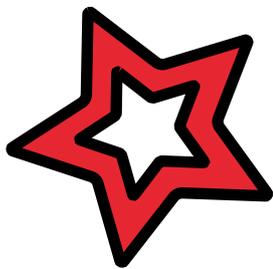


Early years poster

The story of Elida, a little girl from Malawi with cerebral palsy.

FURTHER INFORMATION OR SUPPORT

Please be aware when watching the Red Nose Day film and using these activities that some children in your class might have personal experience of disability and the issues raised by Ethan's story. If you would like further information or support, please visit comicrelief.com/support



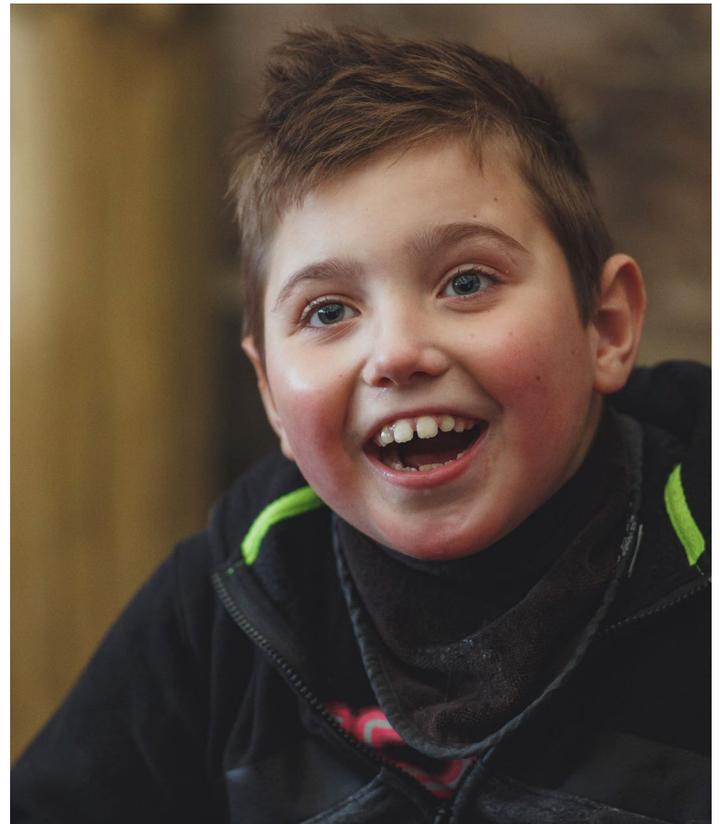
ENGLISH – SPOKEN LANGUAGE



Ethan's story

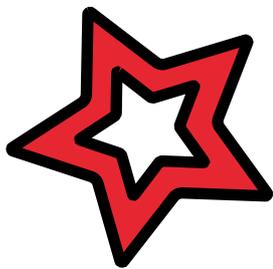
Watch the film about Ethan with the pupils. To encourage them to pay attention, tell them there's going to be a quiz afterwards! Use the questions below to get them responding, describing and giving opinions. Encourage them to listen carefully and speak clearly.

- How old is Ethan? (9)
- What is the name of the condition that he has? (cerebral palsy)
- Why does Ethan use a voice box? (cerebral palsy affects his speech)
- Who helps Ethan? (his mum, the people who work at Steps, his friends)
- What are Ethan's favourite things to do? (baking, playing computer games, football, walking the dog with his friend Olivia)
- Why does Olivia like spending time with Ethan? (she says he's funny, cheeky and fun)
- What is the name of the centre that has supported Ethan? (Steps)
- What special event is coming up when we're going to raise money to help children like Ethan? (Red Nose Day)
- Does Ethan's story make you want to raise more money for Red Nose Day? Why?



Check pupils' understanding of different aspects of the film and allow time for them to ask questions and extend their comprehension. This is an opportunity to reflect with pupils about their own direct or indirect experience of disability, particularly if there are children in your school with cerebral palsy.





PSHE & CITIZENSHIP



We are all unique

Download the early years poster **Meet Elida**. Read the story to the pupils and talk with them about Elida's life in Malawi. Remind them of the film about Ethan and make sure they understand that both children have cerebral palsy.

Ask the pupils:

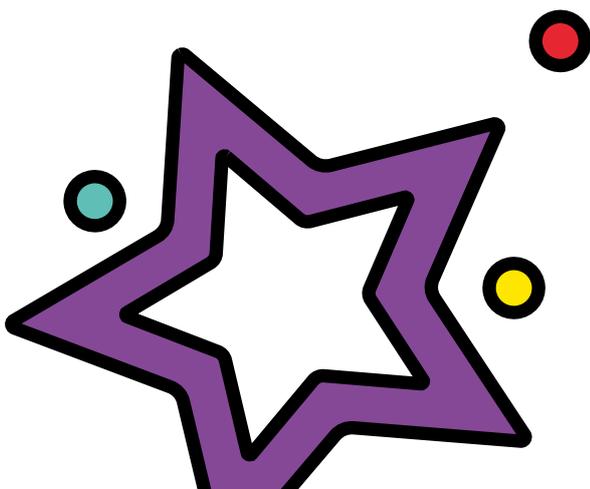
- What do Elida and Ethan have in common as a result of their cerebral palsy? (e.g. they use a wheelchair, can't speak)
- In what other ways are they similar? (e.g. they love laughing, playing with friends and are helped by their family and friends)
- How are they different? (e.g. they live in different countries, Elida lives with her grandmother, they are a boy and a girl)
- What do they both like and dislike?

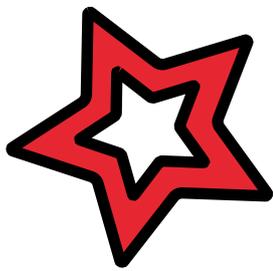
Ask the pupils to draw a picture of themselves and add drawings or words to express what they like, what they don't like and what they think makes them special. Give them an opportunity to talk in pairs about what they have drawn and written, and then share ideas as a class.



Talk about the similarities and differences between the pupils' descriptions of themselves. Emphasise that even though we have things in common, we are all special and unique. Help the pupils understand that difference is a positive thing and part of living in a diverse world.

Why not make a class display, to show how much you value individuals and the differences between them?





PSHE & CITIZENSHIP



People who help us

Watch Ethan's film and read Elida's story again.

Who helps Ethan and Elida on a day-to-day basis? What do they need help with? Encourage the pupils to distinguish between family, friends and other people in the community (e.g. Elida's physiotherapist, Ethan's support from Steps).

Reflect with the pupils on the help we all get from our family and friends. To get them talking about who loves and cares for them and what they do to help them feel cared for, ask them:

- Who has helped you since you got up this morning?
- What help have you needed?
- How does being helped make you feel?
- Do you help and care for anyone?

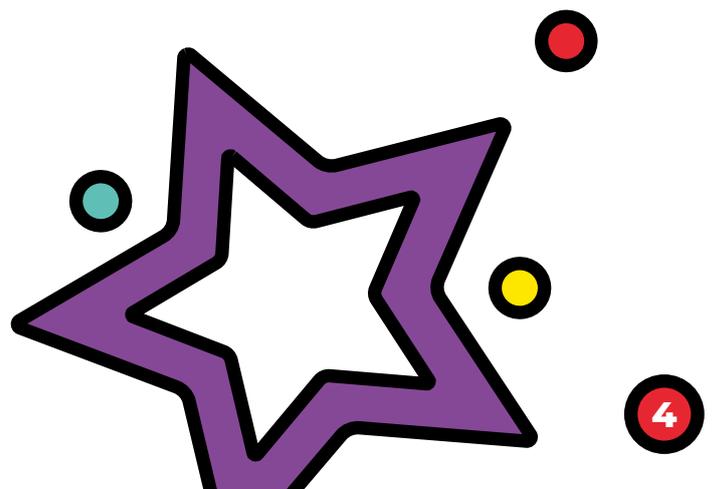


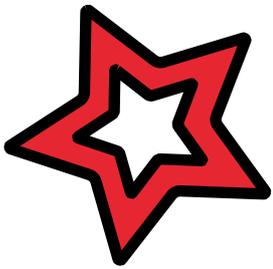
Talk about other people who help us stay physically safe and healthy, including doctors, nurses, dentists, opticians, physiotherapists, speech therapists, police officers and firefighters. To reinforce pupils' understanding of the different roles, play a quick game of true or false.

Make a series of statements, for example:

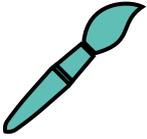
- 'I've got toothache! I'm going to the dentist'
- 'I've hurt my leg. I need to see a doctor'
- 'I need to get an eye test. I'm going to see a firefighter'

Ask the pupils to stand up when they hear something they think sounds funny!





ART



Funny is power

Although his life is tough at times, Ethan loves nothing more than to laugh and have fun. And this is what Red Nose Day is all about.

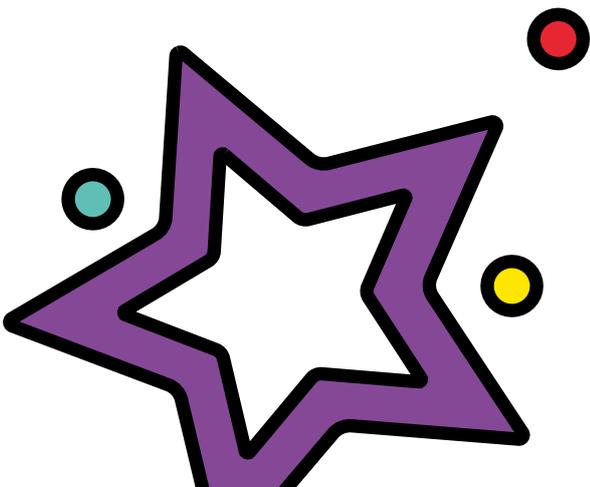
Reflect with the pupils about what makes them laugh. How do they feel when they laugh? How can sharing a joke and laughing together change things?

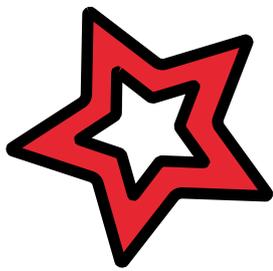
Ask pupils to create a piece of art that sums up laughter and fun to them. They could paint a self-portrait of themselves laughing, draw something funny that has happened, illustrate a joke, or cut funny pictures from magazines to create a collage.

Use the pupils' artwork to create a mural of laughter that will bring a smile to everyone's faces. You could add a heading to the display to remind everyone about your Red Nose Day fundraising:



THIS RED NOSE DAY, WE'RE CHANGING THE WORLD THROUGH THE POWER OF FUNNY!





DESIGN & TECHNOLOGY



Bake with Ethan

In the film, Ethan is baking his favourite scones with his grandma. Asking the pupils to bake scones too is a great way for them to share an experience with Ethan.

Share the recipe with the pupils and either encourage them to try making scones at home, or give them an opportunity to get baking in school. You could turn it into a 'Bake Off' style contest... Whose scones look the most professional? Whose taste the best?

Why not make it a fundraiser by asking pupils to pay to enter the contest? Or suggest they deliver the scones to neighbours, friends and family in return for a donation.



YOU'LL NEED

- 225g self-raising flour, plus extra to flour your worktop
- Pinch of salt
- 55g cold butter
- 25g grated mature Cheddar
- 150ml milk

MAKE THE SCONES

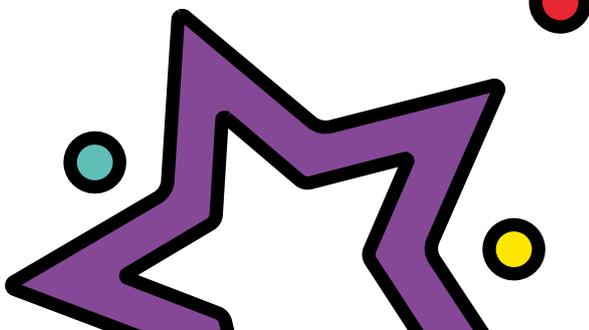
1. Heat the oven to 220°C/200°C fan/gas mark 7 and lightly grease a baking sheet.
2. In a big bowl, mix together the flour and salt. Chop the butter into small chunks and rub it into the flour with your fingertips until the mix looks like breadcrumbs.
3. Stir in the cheese and then gradually add the milk, mixing with a spoon or your hands until you have a soft dough.
4. Once it has all come together into a ball, tip it out onto a floured worktop and knead very gently. Use your hands to pat out the dough to a circle that's 2cm thick, then use a 5cm cutter to stamp out your scones. Transfer them to your baking sheet and repeat the patting and stamping with any leftover dough.
5. Before they go in the oven, brush the tops of the scones with a little milk. Bake for 12–15 minutes until well risen and golden. When they come out, let them cool on the tray for 5 minutes before moving them to a wire rack.

SEE RED

Try using Red Leicester cheese for a slightly stronger flavour and colour. You can even add a little extra grated cheese on top, but keep an eye on the scones in the oven so they don't burn.

FANCY FLAVOURS

For a grown-up twist, add half a tablespoon of mustard powder or a full tablespoon of chopped chives before you mix in the milk.



CURRICULUM LINKS

Ethan's story



English (spoken language)

- Listen and respond appropriately to adults and their peers
- Ask relevant questions to extend their understanding and knowledge
- Articulate and justify answers, arguments and opinions
- Maintain attention and participate actively in collaborative conversations
- Speak audibly and fluently

We are all unique



PSHE Association programme of study

- H21 To recognise what makes them special
- H22 To recognise the ways in which we are all unique
- H23 To identify what they are good at, what they like and dislike
- R23 To recognise the ways in which they are the same and different to others

Citizenship

- Identify and respect the differences and similarities between people



People who help us



PSHE Association programme of study

- H10 About the people who help us stay physically healthy
- R1 About the roles different people (e.g. acquaintances, friends and relatives) play in our lives
- R2 To identify the people who love and care for them and what they do to help them feel cared for
- L2 How people and other living things have different needs; about the responsibilities of caring for them

Citizenship

- Realise that people and other living things have needs, and that they have responsibilities to meet them
- Learn that family and friends should care for each other

Funny is power



Art

- Use a range of materials creatively to design and make products
- Use drawing and painting to develop and share their ideas, experiences and imagination
- Develop a wide range of art and design techniques in using colour, pattern, texture, line, shape, form and space

Bake with Ethan



D&T - cooking and nutrition

- Learn to cook
- Use the basic principles of a healthy and varied diet to prepare dishes